



HAUS RECOVERY



Transitional Living - www.HAUSrecovery.com - (888) 551-4715
Santa Monica & Venice, California

Coastal Transitional Living

We are a high-end living environment supporting adults suffering from dual diagnosis mental health disorders and addiction.

AT HAUS RECOVERY we invite individuals facing substance abuse and co-occurring disorders to embark on a journey to wellness and wholeness. We support to maintain abstinence, embrace the fun in a life of recovery and acquire the skills needed to make these changes last.

OUR 6 BEDROOM HOMES are well appointed and furnished with a flat screen television, desk and reading light. Each bedroom comes with their own bathroom and some are equipped with a steam shower, spa bathtub and infrared sauna. The houses are spacious and have large living areas for gathering. A spacious kitchen and dining area promote client participation in cooking classes and nutritious family-style meals prepared by our private chef. There is a well equipped Gym in the detached garage and pool table.

WE ARE LOCATED in the heart of Santa Monica and Venice California. This beach community is the essence of Southern California living, with beautiful scenery, plentiful recreation, a relaxed vibe and a wealth of social, business and educational opportunities.



OUR STAFF works with treatment centers, doctors, outpatient treatment programs, psychiatrists, therapists and legal advocates to enhance sobriety success. Complete abstinence is vital to recovery and we conduct regular random substance screenings. Our curfew is also closely monitored. Prescribed medication is closely supervised. HAUS provides case management for substance abuse and dual diagnosis mental health illnesses.

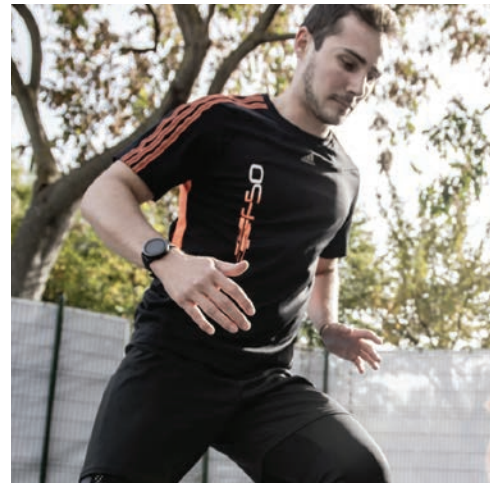
WE BELIEVE SOBRIETY is the beginning of a fun, fulfilling, and lifelong adventure. Our program works because we are a caring team dedicated to helping individuals reach their full potential—body, mind, and spirit. Simple principles are key to living a fulfilling life in sobriety: Our emphasis on staying active, feeling good & being accomplished creates a recovery road map that enables individuals to attain their full potential.

BEGIN your HAUS journey today: call 888-551-4715 to speak with an admissions counselor and learn more about our beautiful facility and comprehensive transitional living program. We have created an environment that empowers relaxation, spiritual growth and independent living. Here, you will acquire the skills needed to re-enter your family relationships, thrive in the workplace and find your purpose without relying on drugs, alcohol and other addictions.

Feel Good

At HAUS Recovery, we have created an environment that empowers relaxation, spiritual growth, and independent living. Our houses are spacious, two-story homes with indoor and outdoor amenities that will encourage residents to feel comfortable, relaxed, restore well-being and open to mentorship and guidance. We provide these lifestyle offerings during your stay with us:

- > **CLEAN FOOD**
Emphasis on clean eating and avoiding processed foods. May improve mood and lower risk for mental health issues.
- > **ONSITE GYM**
Peloton Bike with onDemand Classes and Tonal Machine with onDemand Classes.
YogaMats & Adjustable Dumbbells
TRX
- > **WEEKLY FITNESS GROUP**
Physical activity is an essential tool for recovery. Trainer will provide fitness assesment and fitness goals.



Amenities

- Shared & private suites
- Private chef
- Housekeeping
- Outdoor firepit
- Veggie garden
- Bikes & surfboards
- Billiard & table tennis
- Spiritual book library

Stay Engaged

We believe sobriety is the beginning of a fun, fulfilling, and lifelong adventure. Southern California is blessed with mild temperatures and abundant sunshine. HAUS has bikes, surfboards, and paddleboards for residents to use. We organize group activities and outings every week. With close proximity to nature, we can use the outdoors as a discovery and grounding tool for our clients. At HAUS Recovery, you'll enjoy these engaging activities:

- > **MEDITATION**
Group guided meditation
- > **GOALS MEETING**
Intention setting & accountability
- > **PEER FEEDBACK**
HAUS group discussion
- > **COOKING CLASS**
Healthy & balanced meals



Activities

- HAUS gym
- Surfing & paddleboarding
- Hiking & biking
- Soundbath experience
- Tennis & golfing
- Horseback riding
- Skiing and snowboarding
- Fishing

Be Accomplished

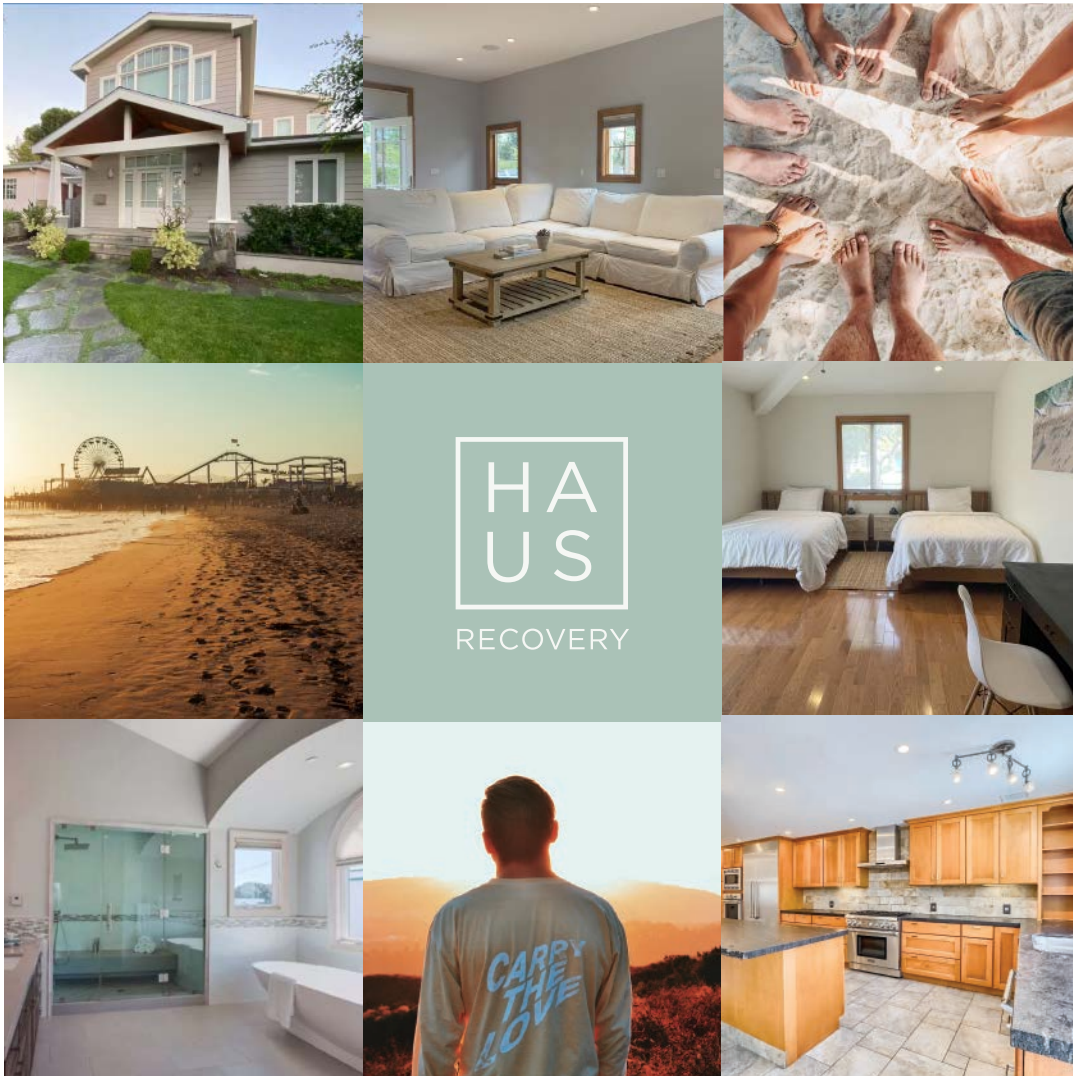
Our emphasis on staying engaged and being accomplished creates a recovery road map that enables individuals to attain their full potential. Our experienced staff work closely with your treatment team to coordinate goals and monitor progress. We provide structure for daily life while integrating safety and support into newfound independence. Our comprehensive sober living services include:

- **DAILY COMMUNAL GATHERING**
I can't do it alone, but we can do it together. Building relationships and establishing lasting connections through trust and vulnerability are core values to sustain long term recovery.
- **MENTORING & CASE MANAGEMENT**
Shared emotional support, problem solving, and real-life examples of recovery success.
- **RESUME BUILDING**
HAUS clients are encouraged to work. Staff will assist with resume building. Accountability and being self-supporting are vital steps to the reintegration process.



Services

- Relapse prevention
- Regular drug testing
- Medication supervision
- Supportive friendly staff 24/7
- Enforced curfews
- Structured accountability
- Transportation provided
- Mentoring & case management
- Weekly family care
- Daily communal gathering
- Monitoring appointments
- Resume building
- Budgeting
- Weekly outdoor activities
- Nutrition & fitness
- Nearby Academic locations



”

Priority #1 for us is the ethical care of our clients and to treat them just as we would treat a family member. Our program works because we are an engaged, caring, supportive team with healthy boundaries that's dedicated to helping people reach their full potential.

PAUL KAUFMAN

Director / Founder

HAUS RECOVERY

Transitional Living - www.HAUSrecovery.com - (888) 551-4715

Santa Monica & Venice, California